



Supporting Parents in the Preparation of a Birth Plan (Recorded Online Workshop)



Parents carrying to term following a prenatal diagnosis benefit from birth planning. The preparation of a birth plan allows parents to discuss labor and delivery options with their medical providers. Effective birth planning also provides parents with the opportunity to anticipate all possible outcomes for their baby.

Parents served by Be Not Afraid (BNA) often indicate that support in the creation of a detailed birth plan was the most helpful aspect of the BNA service.

Topics covered in this recorded workshop will include birth options, Catholic teaching regarding basic and extraordinary care, memory-making, funeral planning, and more.

Presenter: Tracy Winsor, MPA, BNA Co-founder

Registration fee: \$25

Register via the Contact Us button at benotafraid.net.